

Mairi Macleod is an experienced registered nurse with 20 years nursing experience with the NHS. Looking for a career change, but still wanting to work as a healthcare professional Mairi trained and went on to gain her qualification at the Scottish School of Colonic Hydrotherapy and is now a member of the Institute of Professional Colonic Hydrotherapy.

[The Institute of Professional Colon Hydrotherapy](#) (IPCH) was founded as a professional body of qualified therapists who have trained and graduated from the School of Colonic Hydrotherapy (formely the Scottish School of Colonic Hydrotherapy) a leading training body since 1993.

All IPCH registered colonic hydrotherapists are fully trained to recommend dietary changes, detox procedures and nutritional supplements to address the underlying causes of symptoms.

All IPCH registered therapists carry professional indemnity insurance.

Mairi is a professional nurse and therapist, she is passionate about helping people feel good about and within themselves, she has a particular understanding and empathy with those who wish to loose weight. Weight loss is a challenge she is all too familiar with having lost 5 stone a few years ago.

Marina Powell Mairi's daughter joined Highland wellbeing in 2013 as a Colonic Hydrotherapist. She trained with the Midlands School of Colonic Hydrotherapy and is fully insured and also a member of IPCH.

Marina was a in beauty before becoming a colonic hydrotherapist, after having regular colonics from Mairi, she shared the same enthusiasm for colon health.

At Highland Well Being you are treated as a whole person and will be treated with respect and dignity at all times. We ensure confidentiality and privacy.

You are in control of your experience.